



TUS

Technological University of the Shannon:

Midlands Midwest

Ollscoil Teicneolaíochta na Sionainne:

Lár Tíre Iarthar Láir

POSTGRADUATE RESEARCH OPPORTUNITY

Project Title: Supporting Athlete Health and Performance in Elite Gaelic Games

Short Project Description

In Ireland, there have been notable developments in the context of women in sport, including bespoke policy, funding streams, personnel, and resources, nationally and within sporting organisations. In addition, programme provision and research activity on girls and women in sport has increased, although the latter is not yet visible in published literature. An adult gender gap exists in sports participation, drop out is higher among females than males and in team sports, there is a marked difference in the performance supports provided to elite male and female athletes. At the same time, female athletes have very sex-specific experiences, such as the potential influence of reproductive hormone profiles (i.e., the menstrual cycle) and other aspects of physiology (i.e., breasts), that merit bespoke 'female' training environments rather than those that replicate 'male' environments. This context indicates the breadth of consideration needed in efforts to pursue gender equality in sport and deliver bespoke 'female' sporting environments. A 'system' approach that includes interdisciplinary working across different disciplines of sport science, bespoke to female athletes, has not been presented to date. This research proposes to first understand the sex-specific female athlete considerations in a Gaelic games context and the nature of the 'gendered' environment that exists for these female athletes before developing and evaluating a female athlete education programme.

Duration of Project: 48 months

Funding Agency: TUS RISE Scholarship comprises of a monthly stipend, materials budget and postgraduate fee for the duration of the award only.

Type of Degree Offered: PhD

Minimum Qualifications/Experience Necessary/Any Other Requirements

Candidates with primary degrees in Sport, Health, Exercise Science or related area.

Minimum classification of *2.1 honours or equivalent*

IELTS [International English Testing System] Applicants must have a minimum of 6.0 with no component score less than 6.0.

Research Supervisors: Dr Aoife Lane and Dr Niamh Ní Chéilleachair

For further information, please contact: Aoife.lane@tus.ie



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Closing date for receipt of completed application form is 5pm on Tuesday, 4th June. Interviews will take place within subsequent weeks.

Download TUS RISE application form here:

<https://tus.ie/rdi/research/office/funded-research/>



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