

Science Week at TUS SportsLab



Friday, 22nd November 2024
TUS Thurles Campus
10am - 13.20pm

Suitable for 4th,
5th & 6th Years

EXPERIENCE Science Week by working with:

- 1. GPS Units - To Track the Physical Demands of a Sport**
- 2. Force Plates - Measure Lower Body Force (Newtons)**
- 3. Speed Gun - Measure Speed of a Throw (KPH)**
- 4. OPTOJump - Measure Lower Body Power (Time/Height)**
- 5. Speed Gates - Measure 10 Metre Sprint (M/S)**
- 6. Velocity Based Training - Measures Bar Velocity (Watts)**

[Register here!](#)

