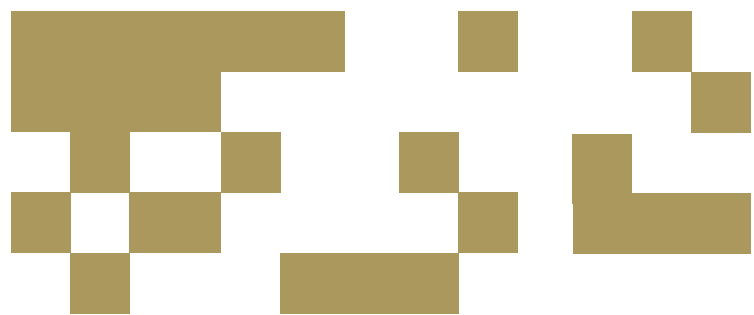




TUS Guidelines for Supporting a Student in Distress or at Risk



Is the student...

- Saying they will self-harm (or hurt someone else)?
- Behaving in a very unusual way? (e.g. highly agitated, experiencing auditory hallucinations or delusions)
- Out of touch with reality/disoriented?

YES

NO

Action

Stay with the student or arrange for someone to stay with them. In cases of **immediate risk** phone for an ambulance before contacting Counselling or GP service 999/112.

Contact TUS Student Counselling and Health Services

Athlone Campus

Student Health and Counselling Service 090 6468063

OUTSIDE OFFICE HOURS

Phone for an ambulance 999/112

Is the student...

- Safe from immediate risk -but in need of urgent support?
- Very unwell, distressed or causing great concern?

YES

NO

Action

Contact TUS Student Counselling and Health Services

Athlone Campus

Student Health and Counselling Service 090 6468063

Support a referral to Student Health and Counselling Services, with the student's consent.

OUTSIDE OFFICE HOURS

Identify with the student a trusted supporter such as a family member, next of kin, guardian or friend. Stay in contact with the student until they have available support.

Is the student...

- Safe from immediate harm but willing to engage with support services?
- Non-urgent requiring support?

YES

NO

Action

- Recommend the student self refer or support a referral with the student's consent to the Student Counselling or Student Health Services.
- Advise the student to make an appointment with their own GP.
- Encourage the student to register with Togetherall and avail of Text TUS to 50808

Is the student...

- Safe from immediate harm but does not want to engage with support services?

YES

NO

Action

- Advise the student to make an appointment with their own GP or to avail of the Student Health Services.

Scan this QR Code for additional supports

TUS Midlands campus

